

ANZSOM NSW / ACT Branch

Winter Meeting – Newcastle

Saturday 24th July 2021

Join us in breathtaking harbour city, Newcastle for our 2021 educational program. The diverse technical and social program includes:

- Site visit to Burwood Beach Water Treatment Plant
- An update on ANZSOM/ AFOEM joint historical project
- Case presentations by various occupational physicians to fulfill your CPD requirements
- An update on the NSW coal industry health surveillance scheme
- Changes to opioid prescribing regulation and practical considerations – from an occupational medicine perspective
- Programs for managing mental and physical health issues and promoting wellbeing in a major university
- NSW/ACT Branch Annual General Meeting
- Wine tasting/evening drinks at The Rydges Hotel Bar
- 3-course conference dinner including selection of wines at Scratchleys on the Wharf

Date: Saturday 24th July 2021

Venue: The Rydges Newcastle
Wharf Rd &, Merewether St, Newcastle NSW 2300

Cost: Members \$195, Non-member \$225
Includes site visit, seminar, lunch, afternoon tea, pre-dinner drinks/wine tasting and 3-course dinner with a selection of wines at Scratchleys on the Wharf

Partner \$95
Includes site visit, pre-dinner drinks/wine tasting and 3-course dinner with a selection of wines at Scratchleys on the Wharf

Registrations now open – <https://www.trybooking.com/BSFQE>

RSVP by Monday 19th July 2021

Accommodation: The above costs exclude accommodation. The hotel discounted rate is \$250/night for a basic room. Please email kim_mundey@evt.com and say you are an ANZSOM delegate to get this rate.



Winter Meeting Program

SATURDAY 24 th JULY	
9.00am – 11.30am	<p>Work site visit - Burwood Beach Water Treatment Plant</p> <p>The Burwood Beach Wastewater Treatment Works (WWTW) treats 48 megalitres per day and handles the wastewater for a population of up to 220,000 people.</p> <p>Designed to operate at a very high rate, The Burwood Beach Wastewater Treatment Works provides secondary treatment of wastewater by the following process:</p> <ul style="list-style-type: none"> • Removal of solids • Decrease in pathogen content, oil and grease in the wastewater • Receives UV disinfection before being discharged to the Pacific Ocean through a 1.5 kilometre ocean outfall. 
12.00pm – 1.20pm	<p>Lunch and Annual General Meeting</p> <p>Including an update on ANZSOM/ AFOEM joint historical project by Maggie Goldie, followed by case presentations by various occupational physicians</p> 
1.30pm – 2.20pm	<p>An update on the NSW coal industry health surveillance scheme</p> <p>Dr David Meredith, Head of Health Services at Coal Services Pty Limited</p>
2.30pm – 3.20pm	<p>Changes to opioid prescribing regulation and practical considerations - from an occupational medicine perspective</p> <p>Dr Claire Hollo, Occupational Physician</p>
3.30pm – 4.20pm	<p>Programs for managing mental and physical health issues and promoting wellbeing in a major university</p> <p>Sarah Williamson, Injury Management Advisor at University of Newcastle</p>
5.00pm	<p>Wine tasting / evening drinks</p> <p>The Rydges Hotel Bar</p>
7.00pm	<p>Conference dinner</p> <p>Scratchleys on the Wharf</p>

Speaker profiles

Dr David Meredith, *Head of Health Services at Coal Services Pty Limited*

Dr David Meredith has over 30 years of clinical practice. He spent a few years as the medical officer for the School of Infantry and close to twenty years in general practice and accident and emergency. The last 15 years have been working in the field of occupational medicine in the New South Wales coal industry. Dr Meredith has worked for Coal Services during this period and the last 10 years have been in senior medical roles. He is currently the Head of Health Services and leads a team of doctors, nurses and allied health professionals in providing health services to the NSW coal industry. He has also been a registered solicitor for the past 17 years.



Dr Claire Hollo, *Occupational Physician*

Claire Hollo has been an occupational physician since 1990. As part of her specialist training she also completed a Masters in Public Health (Occupational Health) and the subject of her thesis was occupational carcinogens.

In Newcastle, Claire developed an occupational medical practice in musculoskeletal medicine and trained to perform spinal procedures. She completed a Graduate Diploma in Pain Medicine providing a good grounding in pain management in clinical practice. Her practice involves a balance between clinical medicine and independent assessment.

Claire strongly supports workplace assessment to provide clear guidelines on return to work. Her work also involves negotiating with workers, employers and insurers, and to this end she completed a course in mediation through LEADR. Claire also graduated with a Bachelor of Law in May this year.



Sarah Williamson, *Injury Management Advisor at University of Newcastle*

Sarah is the Injury Management Advisor at University of Newcastle. She does an amazing job and is very much the go to person for Uni staff who have mental as well as physical issues.

