

(Updated July 2017)



Australian and New Zealand Society
of Occupational Medicine Inc. (ANZSOM)

How does ANZSOM CPD contribute to my professional CPD requirements?

ANZSOM's continuing professional development (including online learning activities, meetings and annual scientific meetings) are not usually formally accredited with the Royal Australian College of Nursing, Royal Australian College of General Practitioners or Royal Australasian College of Physicians (AFOEM). There are, however, some exceptions – these will be made clear in any advertising.

This does not mean that you cannot claim CPD points/credits for participation, as non-accredited activities can be claimed depending on the requirements of your accrediting body. There may, however, be a cap on the number of non-accredited points that you can claim per annum/triennium:

Summary by professional body:

Nurses:

AHPRA states that all nurses on the register will participate in at least 20 hours of continuing professional development per year. One hour of active learning equals one hour of CPD. CPD must be directly relevant to the nurse's practice and the individual must keep written documentation that demonstrates evidence of completion. Nursing CPD activities do not need to be accredited by the Royal Australian College of Nursing to count towards this 20 hours, therefore participation in ANZSOM CPD may account for as many of the 20 required hours as an individual wishes.

[For more details click here](#)

RACGP doctors:

A minimum of 130 points are required for the triennium and must include two Category 1 options and completion of a basic CPR course. ANZSOM online learning and other activities (meetings/conferences) are likely to fall under the category of self-directed Category 2 activities. Self-directed Category 2 activities are capped at 20 points per triennium, which is equivalent to 10 hours of activity. GPs must self-record their attendance and notify the RACGP QI&CPD Program when they have accrued the maximum number of CPD points allowed.

[For more details click here](#)

RACP/AFOEM Physicians:

Fellows must undertake a range of learning activities, including practice-based reflective elements, and must record at least 100 recognised MyCPD credits each calendar year. ANZSOM online learning and other activities (meetings/conferences) are likely to fall under Category 6 and are capped at 50 credits per year. Individuals must document their participation, keeping evidence of attendance (e.g. notice of meetings, copy of roster, diary entries) and signed statement of involvement by an appropriate person.

[For more details click here](#)

CPD for Nurses:

Nursing and Midwifery Board of Australia

The standards of the AHPRA are noted on their website. The CPD Standard is currently under review with a preliminary consultation to a small, targeted stakeholder group before public consultation. Currently, the first requirement states that nurses on the nurses' register will participate in at least 20 hours of continuing nursing professional development per year. One hour of active learning will equal one hour of CPD. Please note that CPD must be directly relevant to the nurse's context of practice and that nurses must keep written documentation of this CPD that demonstrates evidence of completion.

Copies of the registration standards, including those for CPD, are available for download from <http://www.nursingmidwiferyboard.gov.au/Registration-Standards.aspx>.

For further queries re your CPD please contact the AHPRA directly: Phone 1300 419 495, email via the [web enquiry form](#) on the website






CPD for Doctors:

Medical Board of Australia

The standards of AHPRA are noted on their website. Requirements for CPD are varied and dependent on the college that a doctor is a member or fellow of. Note that medical specialists and general practitioners who are not college members or fellows but are on the specialist register must still meet the standards for CPD set by the relevant specialist medical college. Copies of the registration standards, including those for CPD, are available for download from <http://www.medicalboard.gov.au/Registration-Standards.aspx>.

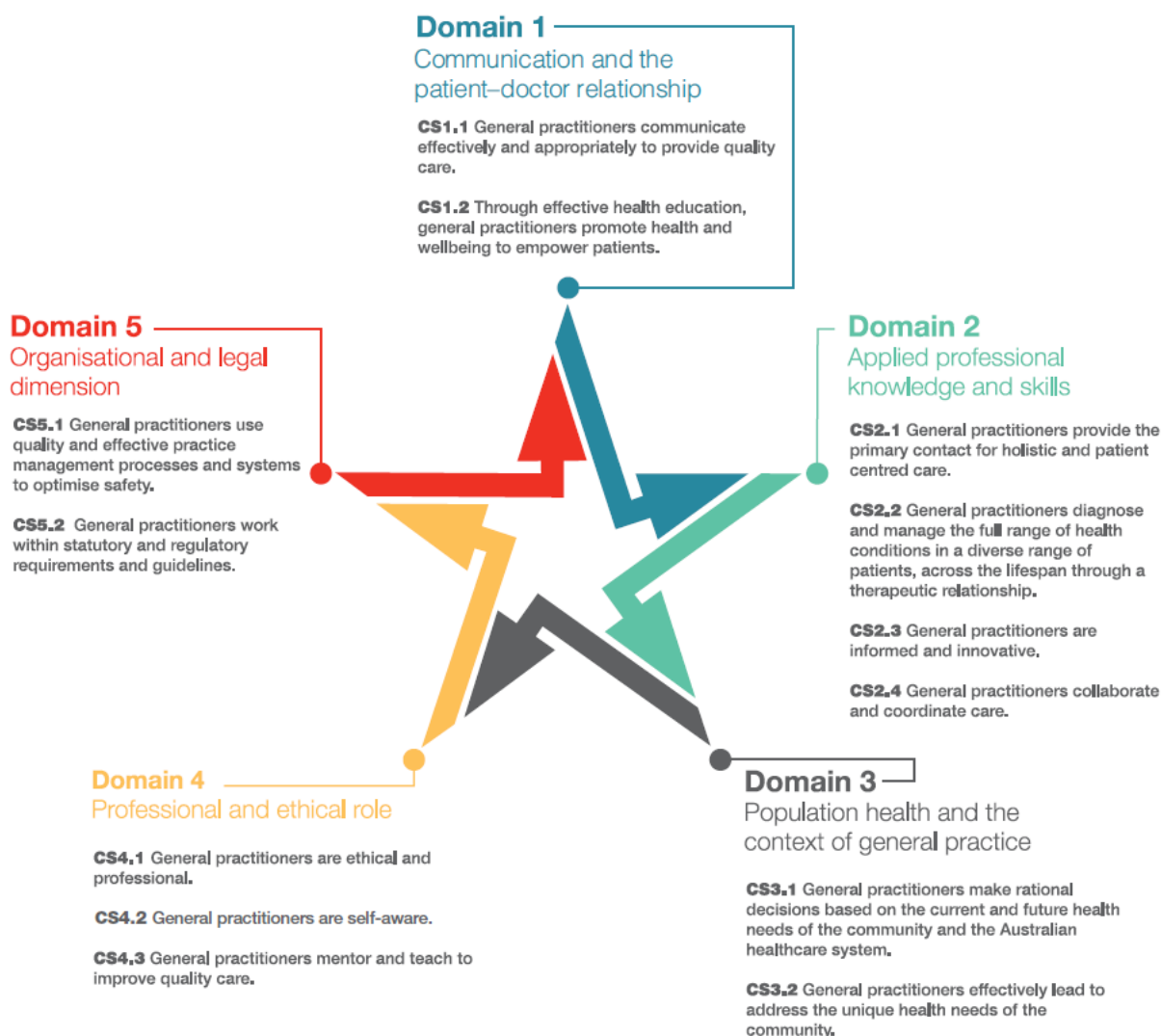
Royal Australian College of General Practitioners (RACGP)

Participants are encouraged to undertake a range of different activities from across the five domains of general practice to address their individual learning needs.

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Domain 1
Communication skills and the patient–doctor relationship (eg communication skills, patient-centredness, health promotion, whole-person care)
- 
Domain 2
Applied professional knowledge and skills (eg physical examination and procedural skills, medical conditions, decision making)
- 
Domain 3
Population health and the context of general practice (eg epidemiology, public health, prevention, family influence on health, resources)
- 
Domain 4
Professional and ethical role (eg duty of care, standards, self-appraisal, teacher role, research, self-care, networks)
- 
Domain 5
Organisational and legal dimensions (eg information technology, records, reporting, confidentiality, practice management)

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The five domains have been expanded by the addition of the core skills that sit beneath them.



Reproduced with permission from The Royal Australian College of General Practitioners. QI&CPD Program: 2017–19 triennium handbook for general practitioners. Melbourne: RACGP, 2016. Available at www.racgp.org.au/education/qicpd-program.

A minimum of 130 points are required for the triennium and must include two Category 1 options (including 1 mandatory quality improvement activity) and completion of a basic CPR course.

Category 1 activities	Category 2 activities
QI activities (40 points)	CPR (five points)
<ul style="list-style-type: none"> • Planning learning and need (PLAN)* • Clinical audit • Plan, do, study, act (PDSA) cycles • Small group learning (SGL) • Evidence-based medical journal club (EBMJC) • Supervised clinical attachment (SCA) • General practice research <p>*Mandatory activity that can only be completed online as a self-directed activity</p>	Other Category 2 activities (two points per hour, capped at 30 points)
	<ul style="list-style-type: none"> • Cultural awareness training • Accredited activity provider activities
Other Category 1 activities (40 points)	Self-directed Category 2 activities
<ul style="list-style-type: none"> • GP self-directed active learning modules (ALMs) • Educator ALM • Accredited activity provider ALM • Peer-review journal article 	<ul style="list-style-type: none"> • Two points per hour, capped at 20 points per triennium
Higher education	QI reflection (five Category 2 points)
<ul style="list-style-type: none"> • Graduate certificate courses (60 points) • Graduate diploma courses (90 points) • Master's degree (120 points) • PhD (150 points) <p>These courses need to be relevant to general practice, and the organisation and course must be accredited by the Tertiary Education Quality Standards Agency (TEQSA) or equivalent</p>	<ul style="list-style-type: none"> • Five points per reflection, capped at 15 points per triennium
RACGP Fellowship (150 points)	
<ul style="list-style-type: none"> • Fellowship of the RACGP (FRACGP) • Fellowship of Advanced Rural General Practice (FARGP) 	

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ANZSOM online learning and other activities (meetings/conferences) are likely to fall under the category of self-directed Category activities. Self-directed Category 2 activities are capped at 20 points per triennium, which is equivalent to 10 hours of activity. GPs self-record their attendance and notify the RACGP QI&CPD Program when they have accrued the maximum number of CPD points allowed. QI&CPD Program 2017-19 triennium handbook is available to download from www.racgp.org.au/download/Documents/QICPD/QICPD-Handbook-2017-19-triennium.pdf.

For further queries re your CPD please contact the RACGP directly:

Victoria	NSW and ACT	SA and NT
Ph: (03) 8699 0483	Ph: (02) 9886 4700	Ph: (08) 8267 8310
Fax: (03) 8699 0560	Fax: (02) 9886 4791	Fax: (08) 8267 8319
Email: vic.qicpd@racgp.org.au	Email: nswact.qicpd@racgp.org.au	Email: sant.qicpd@racgp.org.au
Tasmania	Queensland	Western Australia
Ph: (03) 6234 2200	Ph: (07) 3456 8944	Ph: (08) 9489 9555
Fax: (03) 6232 2344	Fax: (07) 3391 7009	Fax: (08) 9489 9544
Email: tas.qicpd@racgp.org.au	Email: qld.qicpd@racgp.org.au	Email: wa.qicpd@racgp.org.au

Royal Australasian College of Physicians (RACP)/ AFOEM

The MyCPD program has been designed to assist those wanting to meet their annual registration requirements for active practice. The MyCPD program is based on an annual cycle - 1 January to 31 December. The due date for submission of annual returns is 31 March of the following year.

Fellows undertake a range of learning activities, including practice-based reflective elements, and must record at least 100 recognised MyCPD credits each calendar year.

ANZSOM online learning and other activities (meetings/conferences) are likely to fall under Category 6 and are capped at 50 credits per year. Individuals must document their participation, keeping evidence of attendance (e.g. notice of meetings, copy of roster, diary entries) and signed statement of involvement by an appropriate person.

For further queries re your CPD please contact the RACP directly:

Australia		New Zealand	
Phone:	(02) 8247 6201	Phone:	+64 4 460 8122
Fax:	(02) 9252 3310	Fax:	+64 4 472 6718
Email:	MyCPD@racp.edu.au	Email:	MyCPD@racp.org.nz

CATEGORY	EXAMPLES	CREDITS
1	Practice Review & Improvement <ul style="list-style-type: none"> • Practice audits/Clinical audits • Peer review • Patient satisfaction studies • Institution audits, e.g. hospital accreditation • Incident reporting/monitoring, e.g. morbidity & mortality meetings • Practice Review, e.g. Regular Practice Review • Multi Source Feedback (MSF) • Participation in the RACP Supervisor Professional Development Program (SPDP) 	3 credits per hour Maximum 50 credits per year
2	Assessed Learning <ul style="list-style-type: none"> • PhD studies • Formal postgraduate studies • Self-assessment programs • Courses to learn new techniques, e.g. Advanced Life Support (ALS) • Learner initiated and planned projects 	2 credits per hour Maximum 50 credits per year
3	Educational Development, Teaching & Research <ul style="list-style-type: none"> • Teaching, e.g. supervision, mentoring • Research – grant proposal & trials • Involvement in standards development • Reviewer • Writing examination questions • Examining • Publication (including preparation) • Presentation (including preparation) • Committee/working group/council involvement 	1 credit per hour Maximum 50 credits per year
4	Group Learning <ul style="list-style-type: none"> • Seminars • Conferences • Workshops • Grand rounds • Journal clubs • Hospital and other medical meetings 	1 credit per hour Maximum 50 credits per year
5	Other Learning Activities <ul style="list-style-type: none"> • Reading journals and texts • Information searches, e.g. Medline • Audio/videotapes • Web-based learning 	1 credit per hour Maximum 50 credits per year

Source: 2017 MyCPD User Guide. Royal Australasian College of Physicians. Downloaded from www.racp.edu.au/fellows/continuing-professional-development