



19–22 MARCH 2020

# Four Days ON THE ISLAND

LAUNCESTON, TASMANIA

*Connect - Learn - Share*

Close on the heels of a very successful event in Adelaide, the 2020 ANZSOM Annual Scientific Meeting will be something out of the ordinary with “Four Days on the Island” to connect, learn and share in the picturesque historic town of Launceston, Tasmania. The conference venue, Peppers Silos Launceston, is idyllically located on the banks of the Tamar, offering sweeping views over the river and just a short walk to the city centre. The location, combined with a diverse selection of site visits, workshops and technical sessions, as well as numerous social and networking events will provide a unique and memorable experience.

On behalf of the Organising Committee for ASM2020, including AFOEM as our Scientific Program Partner, we are pleased to invite you to Launceston – Thursday March 19 to Sunday March 22 2020!

*Dr Barry Gilbert & Sandra Code, Conference Convenors*

[www.anzsom.org.au/asm-2020](http://www.anzsom.org.au/asm-2020)



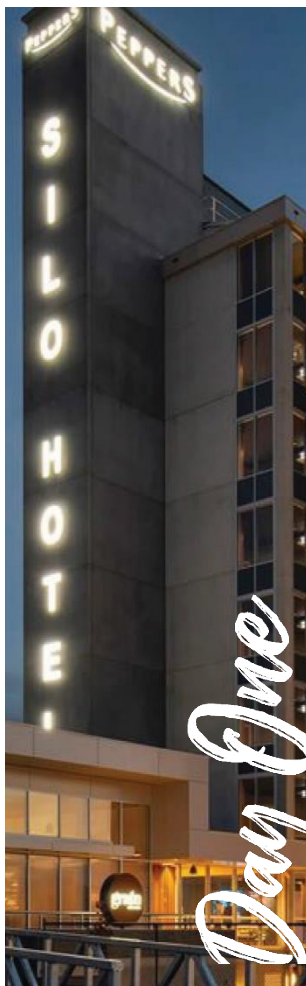
AFOEM  
SCIENTIFIC  
PROGRAM  
PARTNER

MAJOR  
SPONSOR



Sonic  
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## Thursday 19 March

### PRE-CONFERENCE WORKSHOPS – 8.00AM TO 5.00PM

#### You nailed it! Presentation & media skills workshop (\$700 member/ \$800 non-member)

We all admire and envy those who can deliver a great presentation! This interactive workshop, delivered by actor team Imogene and Christoph Hewett from Resonant Integrity, will introduce skills and techniques to help you create and deliver impactful and inspiring presentations, whether to your work team or an audience of 100. Content will include: contextualisation, emotional intelligence, engaging the audience, and staying on topic, as well as performance tips and multiple approaches to concept presentation. It will also specifically address the challenges of communicating with the media, with strategies to ensure clarity of message so that you optimise impact and reduce risk.

#### Audiometry Skills Workshop (\$300 member / \$400 non-member)

Audiometry is a core component of occupational health practice, yet accuracy and quality of tests can be influenced by numerous factors. This full-day workshop, delivered by Glenn Johnson from The Hearing Company, provides hands-on training in the basic skills required to conduct accurate hearing tests, manage clients and act on results. It includes a course manual and use of practice equipment, as well as case discussion. Ideal for those looking for basic training or a useful refresher and reminder of the factors to be managed in providing quality audiometry testing.

### WORKSITE VISITS – 4 VISITS IN THE AFTERNOON

See details below – included in Full Registration, not available for Day Registration.

### WELCOME RECEPTION

The Peppers Silo Hotel will host the Welcome Reception on Thursday evening, where guests will enjoy innovative cuisine incorporating fresh Tasmanian ingredients and a selection of local wines. The Welcome Reception is included in Full Registration, and may be purchased separately for Day Registrants and guests / partners. The reception is proudly sponsored by SonicHealth Plus.

## Worksite visits

Full Registration delegates will provide three separate opportunities to attend site visits across Launceston - on Thursday afternoon, Friday morning and Friday afternoon. The Friday visits are also available to Day Registrants. Visits to local agricultural, industrial, medical and educational worksites will provide insight into the varying nature of work and the issues facing employers, employees and health professionals. Further details will be available on the conference website and delegates will have an opportunity to select their preferred site visits before attending the conference.

## Friday 20 March

### WORKSHOP – CPR SKILLS UPDATE – 9.00AM TO 12.00PM

A popular feature of the ASM, the CPR Skills Update provides an opportunity to meet your certification requirements. In line with the specifications for HLTAID001 Provide Cardiopulmonary Resuscitation, the course will cover response to emergency situations, performance of CPR, communication of details of the incident, and administering defibrillation.

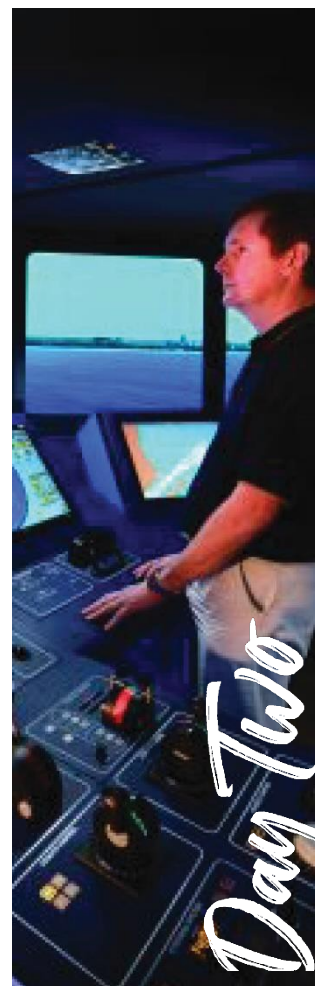
### WORKSITE VISITS – 4 VISITS IN THE MORNING & AFTERNOON

See details above.

### CONFERENCE DINNER

Josef Chromy Wines provides a spectacular setting for the main Conference Dinner, located on a 61 hectare vineyard estate just south of Launceston. Josef and his team combine attentive service, quality produce and careful attention to detail, guaranteeing a night to remember. The dinner is proudly sponsored by mlcoa.

mlcoa



# Saturday 21 March

## TECHNICAL PROGRAM

Following a free morning to explore Launceston, a full afternoon of technical presentations will be provided alongside a comprehensive sponsor exhibition. Two parallel sessions will optimise your opportunities to enjoy an array of topical presentations. For more information and speaker details, see the ANZOM website.

- Occupational rehabilitation and chronic pain
- The assessment and prevention of thermal injuries
- Medicinal marijuana: seeing through the smoke
- CBT and return to work
- The (new) draft radiofrequency exposure standard
- Determinants of mental stress and dysfunction among sports people
- The current landscape of OEM training
- Workplace audiometry in 2020: an update on directions and protocols for conducting best practice audiometry in Australia
- Data as a driver for changes in the workplace
- Cases in maritime health and safety
- Could you survive a cyber-attack? Risks and solutions for the digital age
- Health and wellness in blue collar workers
- Colour vision requirements – case studies

## Invited Speakers

ANZSOM is pleased to announce the following speakers at the ASM2020 in Launceston.

**Associate Professor Terry Hannan**, Menzies Institute for Medical Research, University of Tasmania; **Professor Tim Driscoll**, Professor of Epidemiology and Occupational Medicine, School of Public Health, University of Sydney; **Dr Barry Gilbert**, Public Health Physician; **Marcus Burston**, Exercise Physiologist; **Dr Bruce Hocking**, Occupational and Environmental Physician; **Dr Angus Forbes**, Phoenix Occupational Medicine; **Dr David Hamilton**, Specialist Pain Medicine Physician, **Dr Clive Sher**, Occupational Health Consultant, Bodycare; **Dr Maurice Harden**, Occupational and Environmental Physician; **Dr Carlin White**, Occupational Physician Registrar; **Dr Thea Leman**, Occupational Physician Registrar; **Glenn Johnson**, Director, The Hearing Company; **Claire Ebstein** Head of the Wellness and Consulting Services at Bodycare; **Dr Chris Walls**, Occupational Physician; **Dr Simone Boardman**, ENT Surgeon, Cochlear; **Michelle Moran**, Audiologist, Cochlear; **Dr David Goddard**, Occupational Physician, Monash University, and more to be announced!

## SURPRISING LAUNCESTON

A relaxed and surprising evening awaits us on the Saturday evening of the conference, proudly sponsored by Medilaw.



# Sunday 22 March

## TECHNICAL PROGRAM

The technical program continues with a full morning of in-depth presentations and discussion around three important topics:

- The hearing loss journey – from challenges to solutions
- Regulatory failure – what have recent exposure events taught us?
- The role of exercise physiology in occupational rehabilitation & injury prevention (case studies)

## LUNCH – CONFERENCE WRAP

Finishing off the conference in style, a final day lunch will be provided to delegates while the conference organisers announce the wrap and prizes awarded.





## Social Events & Partner Activities

The social program provides an excellent opportunity to network with colleagues:

- Welcome Reception, Thursday 19 March, Peppers Silo Hotel
- Conference Dinner, Friday 20 March, Josef Chromy Winery
- 'Surprising Launceston', Saturday 21 March

The Welcome Reception and 'Surprising Launceston' are included in the Full Registration. Tickets to these events may also be purchased separately for guests or day registrants. Dinner is purchased separately for all delegates.

While there will not be a formal partner's program this year, Launceston boasts a smorgasbord of historical, cultural and natural experiences – all close at hand. See the ANZSOM website for information to plan your visit. Guests and partners are also welcome to attend the Welcome Reception, Conference Dinner and 'Surprising Launceston'. See the registration form for prices.



## Accommodation

Bringing history to life on the banks of the idyllic Tamar River is the unique, characterful Peppers Silo Hotel. Dating back to the 1960's, the heritage building, reaching 35 metres high and containing four large silos that once held grain, is an iconic landmark now converted into a sophisticated nine-storey hotel providing a distinctive place to stay in Launceston. Designed within the original silos and the new North tower are beautifully appointed modern hotel rooms.

Overlooking nearby Seaport, Royal Park, the Tamar River Basin and Cataract Gorge, guests are centrally placed to walk from this Launceston hotel to the city centre, with public transport a mere five-minute stroll away across the footbridge, linking Seaport and Kings Wharf together.

See the website for more details and options. Mention ANZSOM when booking to receive a 15% discount.

## Registration

Please register by completing the form included in this brochure or online via the ANZSOM website ([www.anssom.org.au/registration](http://www.anssom.org.au/registration)). Special rates are available for ANZSOM, ANZSOM NZ and AFOEM members.

**Full registration** includes:

- All technical sessions described in the program
- Pre-booked attendance at workplace site visits and CPR Skills Update
- Lunches, morning and afternoon teas
- All social events except for the Conference Dinner which should be booked separately

**Day registration** is also available. Day registration does not include social events which can be booked separately.



# ASM2020 LAUNCESTON REGISTRATION FORM

Complete the requested details below and overleaf. Note that this year, in responding to delegate feedback, the conference dinner is NOT included in full registration. Other social events are included.

Return this form to the ANZSOM Secretariat together with full payment

Email: [secretariat@anzsom.org.au](mailto:secretariat@anzsom.org.au)

Fax: (03) 9428 4872

Post: PO Box 7032, Richmond

VIC 3121

Remember to keep a copy for your records. A tax invoice will be issued upon receipt of payment. Registration can also be made and paid for online at <https://www.anzsom.org.au/registration>

**\*\*ANZSOM members must have paid their 2019 membership to be eligible for the member discount for the ASM2020. AFOEM members must provide their Member Identification Number (MIN) when registering at member discounted**

REGISTRATION OPTIONS	PRICE in AUD and includes GST	AMOUNT
<b>PRE-CONFERENCE WORKSHOPS – THURSDAY 19<sup>th</sup> March (not included in main conference registration)</b>		
<b>YOU NAILED IT! PRESENTATION &amp; MEDIA SKILLS WORKSHOP (8.00am – 5.00pm)</b>		
ANZSOM/AFOEM member**	\$700	
Non-ANZSOM/AFOEM member	\$800	
<b>AUDIOMETRY SKILLS WORKSHOP (8.00am to 5.00pm)</b>		
ANZSOM/AFOEM member**	\$300	
Non-ANZSOM/AFOEM member	\$400	
<b>MAIN CONFERENCE – THURSDAY 19<sup>th</sup> March – SUNDAY 22<sup>nd</sup> March</b>		
<b>ANZSOM / AFOEM MEMBER**</b>		
Full registration (includes technical program Fri, Sat, Sun; Welcome reception (Thursday), 'Surprising Launceston' (Saturday))	\$850	
Conference Dinner (Friday 20 March)	\$115	
<b>Day registration (includes technical program; does not include social events – see below to book separately)</b>		
Friday 20 March (includes CPR, site visits, morning tea and lunch)	\$250	
Saturday 21 March (includes technical program, lunch and afternoon tea)	\$200	
Sunday 22 March (includes technical program, morning tea and lunch)	\$200	
<b>NON-ANZSOM / AFOEM MEMBER</b>		
Full registration (includes technical program Fri, Sat, Sun; Welcome reception (Thursday), Surprising Launceston (Saturday))	\$1,050	
Conference Dinner (Friday 20 March)	\$145	
<b>Day registration (includes technical program; does not include social events – see below to book separately)</b>		
Friday 20 March (includes CPR, site visits, morning tea and lunch)	\$350	
Saturday 21 March (includes technical program, lunch and afternoon tea)	\$300	
Sunday 22 March (includes technical program, morning tea and lunch)	\$300	
<b>SOCIAL EVENTS – BOOK SEPARATELY FOR <u>DAY</u> REGISTRANTS &amp; GUESTS / PARTNERS</b>		
Welcome Reception (Thursday 19 March)	\$75	
Conference Dinner (Friday 20 March)	\$145	
'Surprising Launceston' – includes dinner (Saturday 21 March)	\$75	
<b>TOTAL COST</b>		

## CONFIRMATION OF SOCIAL ACTIVITIES - FULL REGISTRANTS PLEASE COMPLETE

For full registrants, the Welcome Reception and 'Surprising Launceston' dinner are included in the cost of registration. To assist with catering and organisation, please indicate your intention to attend these functions.

☐ Welcome Reception – Peppers Silos (Thursday 19 March)

☐ 'Surprising Launceston' – includes dinner (Saturday 21 March)

# ASM2020 LAUNCESTON REGISTRATION FORM

## PRE-BOOKED ACTIVITIES: Site visits / CPR Update (Full Registrants & Day Registrants to complete)

Attendance at site visits (Thursday / Friday) and CPR Update (Friday) must be pre-booked with registration and will be allocated on a first in/first served basis. Site visit options will be given closer to the date.

Please indicate below your preference to attend pre-booked activities on Thursday and Friday. Leave blank if not planning to attend these activities.

### Thursday 19 March – AFTERNOON (Not available as Day Registration)

☐ Site Visits, 1.30pm – 4.00pm

(Site visit options will be given closer to the date)

☐ None – I do not wish to attend site visits on Thursday 19 March

### Friday 20 March

#### MORNING

☐ CPR Skills Update, 9.00am – 12.00pm

☐ Site Visits, 9.00am – 1.00pm

☐ None - I do not wish to attend a morning session

(Site visit options will be given closer to the date)

#### AFTERNOON

☐ Site Visits, 1.30pm – 4.00pm

(Site visit options will be given closer to the date)

☐ None – I do not wish to attend an afternoon session

## REGISTRANT DETAILS:

Membership (tick one)	<input type="checkbox"/> ANZSOM member (incl. ANZSOM NZ) <input type="checkbox"/> Both ANZSOM and AFOEM member <input type="checkbox"/> AFOEM member (MIN: _____) <input type="checkbox"/> Non-member		
Occupation type (tick one)	<input type="checkbox"/> Occ Physician GP <input type="checkbox"/> AFOEM Trainee <input type="checkbox"/> Nurse <input type="checkbox"/> Other (specify):		
Preferred title			
First name		Surname	
Phone / Mobile		Email	
Organisation			
Postal address			
Dietary requirements			

## GUEST/PARTNER DETAILS: (complete only if guest/partner is attending any of the social functions)

First name		Surname	
Phone / Mobile		Email	
Dietary requirements			

## PAYMENT

Amount payable:			
<input type="checkbox"/> Credit card - complete details below and fax to (03) 9428 4872 or email to <a href="mailto:secretariat@anzsom.org.au">secretariat@anzsom.org.au</a>			
Card type:	<input type="checkbox"/> Visa	<input type="checkbox"/> Mastercard	<input type="checkbox"/> Amex
Card number:		CVV:	Expiry: /
Name on card:	Signature:		
<input type="checkbox"/> Direct transfer – BSB 013 423 Account No: 3541 94404 (please quote your name)			
<input type="checkbox"/> Cheque – make payable to ANZSOM and post to: PO Box 7032, Richmond VIC 3121			

**NOTE: Cancellation and Refund Policy: There will be no refunds for cancellations made after 5 March 2020. For cancellations prior to this date an administration fee of \$100 will apply.**