



19–22 MARCH 2020

Four Days ON THE ISLAND

LAUNCESTON, TASMANIA

Connect - Learn - Share

Close on the heels of a very successful event in Adelaide, the 2020 ANZSOM Annual Scientific Meeting will be something out of the ordinary with “Four Days on the Island” to connect, learn and share in the picturesque historic town of Launceston, Tasmania. The conference venue, Peppers Silos Launceston, is idyllically located on the banks of the Tamar, offering sweeping views over the river and just a short walk to the city centre. The location, combined with a diverse selection of site visits, workshops and technical sessions, as well as numerous social and networking events will provide a unique and memorable experience.

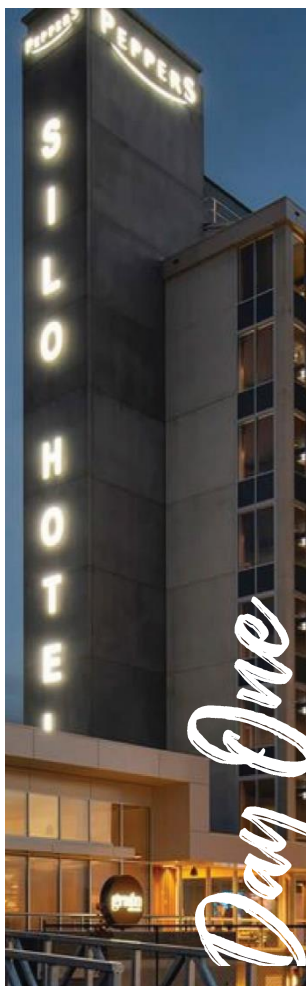
On behalf of the Organising Committee for ASM2020, including AFOEM as our Scientific Program Partner, we are pleased to invite you to Launceston – Thursday March 19 to Sunday March 22 2020!

Dr Barry Gilbert & Sandra Code, Conference Convenors



AFOEM
SCIENTIFIC
PROGRAM PARTNER

www.anzsom.org.au/asm-2020



Thursday 19 March

PRE-CONFERENCE WORKSHOPS – 8.00AM TO 5.00PM

Your nailed it! Presentation & media skills workshop (\$700 member/ \$800 non-member)

We all admire and envy those who can deliver a great presentation! In fact, confidence in presentation is essential for progressing our ideas and engaging with others towards a shared goal. It is also a 'must' for those of us in, or aspiring to, educational and leadership roles. This interactive workshop, delivered by actor team Imogene and Christoph Hewitt from Resonant Integrity, will introduce skills and techniques to help you create and deliver impactful and inspiring presentations, whether to your work team or an audience of 100. Content will include: contextualisation, emotional intelligence, engaging the audience, staying on topic, as well as performance tips and multiple approaches to concept presentation. It will also specifically address the challenges of communicating with the media, with strategies to ensure clarity of message so that you optimise impact and reduce risk.

Audiometry Skills Workshop (\$300 member / \$400 non-member)

Audiometry is a core component of occupational health practice, yet accuracy and quality of tests can be influenced by numerous factors. This full-day workshop, delivered by Glenn Johnson from The Hearing Company, provides hands-on training in the basic skills required to conduct accurate hearing tests, manage clients and act on results. It includes a course manual and use of practice equipment, as well as case discussion. Ideal for those looking for basic training or a useful refresher and reminder of the factors to be managed in providing quality audiometry testing.

WORKSITE VISITS – 4 VISITS IN THE AFTERNOON

See details below – included in Full Registration, not available for Day Registration.

WELCOME RECEPTION

The Peppers Silo Hotel will host the Welcome Reception on Thursday evening, where guests will enjoy innovative cuisine incorporating fresh Tasmanian ingredients and a selection of local wines. The Welcome Reception is included in Full Registration, and may be purchased separately for Day Registrants and guests / partners.

Worksite visits

Full Registration delegates will have three separate opportunities to attend site visits across Launceston - on Thursday afternoon, Friday morning and Friday afternoon. The Friday visits are also available to Day Registrants. Visits to local agricultural, industrial, medical and educational worksites will provide insight into the varying nature of work and the issues facing health professionals. Further details will be available shortly and delegates will have an opportunity to select their preferred site visits before attending the conference.

Friday 20 March

WORKSHOP - CPR SKILLS UPDATE – 9.00AM TO 12.00PM

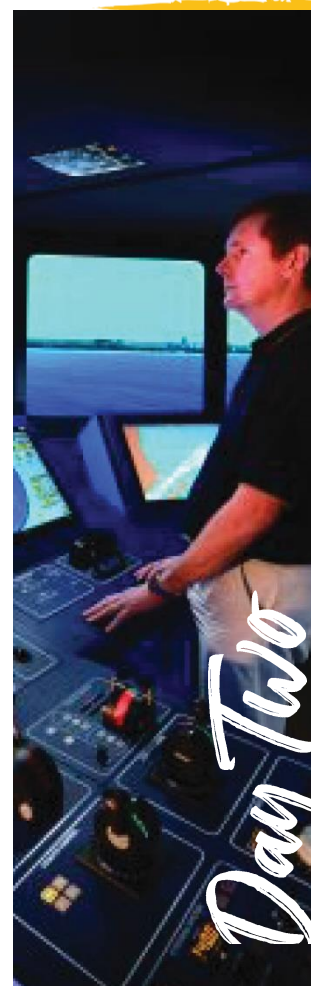
A popular feature of the ASM, the CPR skills update provides delegates with an opportunity to meet their certification requirements. In line with the specifications for HLTAID001 Provide Cardiopulmonary Resuscitation, the course will cover: response to an emergency situation, performance of CPR procedures, communication of details of the incident, and administering defibrillation.

WORKSITE VISITS – 4 VISITS IN THE MORNING & AFTERNOON

See details above.

CONFERENCE DINNER

Josef Chromy Wines provides a spectacular setting for the main Conference Dinner, located on a 61 hectare vineyard estate just south of Launceston. Josef and his team combine attentive service, quality produce and careful attention to detail, guaranteeing a night to remember.



Saturday 21 March

TECHNICAL PROGRAM

Following a free morning to explore Launceston, a full afternoon of technical presentations will be provided alongside a comprehensive sponsor exhibition. Two parallel sessions will optimise your opportunities to enjoy an array of topical presentations. For more information and speaker details, see the ANZOM website.

- Occupational rehabilitation & chronic pain
- The assessment and prevention of thermal injuries
- Medicinal marijuana – implications for the workplace
- The new (draft) radiofrequency exposure standard
- Determinants of mental stress and dysfunction among sports people
- The AFOEM Trainee experience
- The national legislative requirements for occupational audiometry
- Data as a driver for changes in the workplace
- Cases in maritime health and safety
- Cyber security
- Health & wellness in blue collar workers – what works – what doesn't – where to from here?



Invited Speakers

ANZSOM is pleased to announce the following speakers at the ASM2020 in Launceston:

Associate Professor Terry Hannan, Menzies Institute for Medical Research, University of Tasmania; **Professor Tim Driscoll**, Professor of Epidemiology and Occupational Medicine, School of Public Health, University of Sydney; **Dr Barry Gilbert**, Public Health Physician; **Marcus Burston**, Exercise Physiologist; **Dr Bruce Hocking**, Occupational and Environmental Physician; **Dr Angus Forbes**, Occupational Physician, Lime Medical; **Dr Clive Sher**, Occupational Health Consultant, BodyCare; **Dr Maurice Harden**, Occupational and Environmental Physician; **Dr Carlin White**, Occupational Physician Registrar; **Dr Thea Leman**, Occupational Physician Registrar; **Chris Argyle**, eReports; **Glenn Johnson**, Director, The Hearing Company; **Claire Ebstein** Head of the Wellness and Consulting Services at Bodycare, and more to be

Sunday 22 March

TECHNICAL PROGRAM

The technical program continues with a full morning of in-depth presentations and discussion around three important topics:

- Audiological prostheses – options and considerations for work fitness
- Regulatory failure – what have recent exposure events taught us?
- The role of exercise physiology in occupational rehabilitation & injury prevention (case studies)

LUNCH – CONFERENCE WRAP

Finishing off the conference in style, a final day lunch will be provided to delegates while the conference organisers announce the wrap and prizes awarded.



Social Events & Partner Activities

The social program provides an excellent opportunity to network with colleagues:

- Welcome Reception, Thursday 19 March, Peppers Silo Hotel
- Conference Dinner, Friday 20 March, Josef Chromy Winery
- 'Surprising Launceston', Saturday 21 March

The Welcome Reception and 'Surprising Launceston' are included in the Full Registration. Tickets to these events may also be purchased separately for guests or day registrants. Dinner is purchased separately for all delegates.

While there will not be a formal partner's program this year, Launceston boasts a smorgasboard of historical, cultural and natural experiences – all close at hand. See the ANZSOM website for information to plan your visit. Guests and partners are also welcome to attend the Welcome Reception, Conference Dinner and 'Surprising Launceston'. See the registration form for prices.



Accommodation

Bringing history to life on the banks of the idyllic Tamar River is the unique, characterful Peppers Silo Hotel. Dating back to the 1960's, the heritage building, reaching 35 metres high and containing four large silos that once held grain, is an iconic landmark now converted into a sophisticated nine-storey hotel providing a distinctive place to stay in Launceston. Designed within the original silos and the new North tower are beautifully appointed modern hotel rooms.

Overlooking nearby Seaport, Royal Park, the Tamar River Basin and Cataract Gorge, guests are centrally placed to walk from this Launceston hotel to the city centre, with public transport a mere five-minute stroll away across the footbridge, linking Seaport and Kings Wharf together.

See the website for more details and options. Mention ANZSOM when booking to receive a 15% discount.

Registration

Please register by completing the form included in this brochure or online via the ANZSOM website (www.anzsom.org.au/registration). Special rates are available for ANZSOM, ANZSOM NZ and AFOEM members.

Full registration includes:

- All technical sessions described in the program
- Pre-booked attendance at workplace site visits and CPR Skills Update
- Lunches, morning and afternoon teas
- All social events except for the Conference Dinner which should be booked separately

Day registration is also available. Day registration does not include social events which can be booked separately.

