

Perspectives in Occupational Health



Annual
Scientific
Meeting 2018
7-10 October
Melbourne

Proudly sponsored by



ANZSOM Annual Scientific Meeting 2018

PROGRAM



Welcome to the Pullman Melbourne on the Park



SUNDAY 7 October

6.30pm –
9.00pm

Welcome Reception – Pullman
(included in full registration and partners' program)

DAY 1

DAY 1 – MONDAY 8 October

From 8.00am

REGISTRATION

8.45am

President's welcome & welcome to country

9.00am

**Keynote address – Workplace mental health:
developing an integrated approach**

Prof Tony LaMontagne, Professor of Work, Health & Wellbeing, Centre for Population Health Research, Deakin University



10.00am

Morning Tea

CLINICAL PERSPECTIVES

10.30am

Silicosis – new lessons from an old disease

Dr Ryan Hoy, Respiratory Sleep Disorders Physician

Learning aims:

- Be aware of modern industries associated with silicosis.
- Understand the different forms of silicosis
- Be aware of current exposure standards related to crystalline silica
- Be aware of principle of health surveillance in association with crystalline silica exposure
- Understand management principles related to silicosis

11.30am

Advances in hip and knee surgery: the implications for tradespeople and emergency service workers

Dirk Van Bavel – Orthopaedic Surgeon

Learning aims

- Know recent advances in hip and knee surgery for trauma and osteoarthritis, including robotic assisted surgery, partial knee replacements and less invasive fracture fixation
- Know the potential and the limitations of these advances regarding return to work for tradesmen and emergency service workers
- Know the relevant physiotherapy/exercise physiology/home exercise regime relevant for return to work in these jobs.

12.30pm

Lunch

DAY 1 – MONDAY 8 October

PARALLEL SESSIONS

1.30pm–4.30pm

WORKSHOP - Colour vision deficiency as it applies to occupations

John Parkes, Occupational Physician

Learning aims

- Understand the types of colour vision deficiencies and their genetic basis
- Understand how colour vision deficiencies affect the neural processing in the retina
- Conduct competent intermediate level colour vision screening, general diagnosis and grading of colour vision defects
- Understand the principles of conducting a risk assessment of a job where red/green colour discrimination is involved
- Understand current Australian colour vision occupational standards their application and the higher-level testing involved

SITE VISITS

- Victoria Police – Craigieburn Operational Safety & Tactics Training Centre
- WISE Employment: Employment programs for people with mental illness
- Nestlé Confectionery
- Boeing Aerostructures Australia

SKILLS UPDATE – CPR

A popular feature of the ASM, providing delegates with an opportunity to meet their certification requirements. In line with the specifications for [HLTAID001 Provide cardiopulmonary resuscitation](#), the course will cover:

- Response to an emergency situation
- Performance of CPR procedures
- Communication of details of the incident
- Defibrillation

PARTNERS PROGRAM

11.00am:

Pullman Hotel – Welcome to Partners “Golden” Morning Tea including a talk by two Australian Gold medalists from the Victorian Institute of Sport.

6.00pm:

Suggested roof top dining experiences in the CBD.



10th Anniversary Nurses Dinner

This year we are pleased to announce a very special event for our occupational health nurse members as we celebrate 10 years since the Australian College of Occupational Health Nurses merged with ANZSOM. Nurses make up a significant, and we hope growing segment of the Society, and they take on a variety of important roles in workplaces throughout Australia.

With the generous support of leading occupational health services provider Resile, all nurse delegates will receive a personal invitation from ANZSOM to attend a dinner on Monday 8 October 2018. The evening will also feature a guest speaker, making this a memorable highlight of the conference. We hope to see you there. For more information, contact the ANZSOM Secretariat (secretariat@anzsom.org.au)

Brought to you by Resile – Maximising the health, wellbeing and productivity of your workforce.



DAY 2

DAY 2 – TUESDAY 9 October

WORK SETTINGS	
9.00am (1.5 hours)	<p>Farmer's health: Living longer on the land</p> <p>Susan Brumby – Director of the National Centre for Farmer Health Dr Cathy Bones – Occupational and Environmental Medicine Consultant Dr Iain Nicolson – General Practitioner, Sale</p> <p><i>Learning aims:</i></p> <ul style="list-style-type: none">• Understand what the National Centre for Farmers Health in Australia is doing to address agricultural health and medicine knowledge gaps• Identify the major physical, mental health and safety concerns regarding farmers, including their prevention• Be aware of issues in the management of farmers with physical or mental health problems.
10.30am	Morning tea
WORKPLACE RISKS	
11.00am (1.5 hours)	<p>PANEL – Bullying, harassment and occupational violence – strategies for success</p> <p>Moderator – Professor Andrea De Silva, Director of Research WorkSafe</p> <p>A panel of experts will explore principles and approaches to successfully addressing bullying and harassment in the workplace and occupational violence, drawing on program examples from a variety of industries.</p> <p><i>Learning aims:</i></p> <ul style="list-style-type: none">• Identify the different types of behavior and the negative implications on a variety of workers.• Be aware of the responsibilities of workplaces to manage these behaviors.• Understand the management strategies undertaken by employers to protect their workers.• Be aware of current solutions that workplaces have adopted to counter negative behavior.
12.30pm	Lunch



PARTNERS PROGRAM

7.00-7.45am: Pilates in the park (exercise in Yarra Park opp Pullman Hotel)

10.00am: Eureka Skydeck

6.00pm: National Sports Museum tour.

7.00pm: ANZSOM 50th Anniversary Gala Dinner



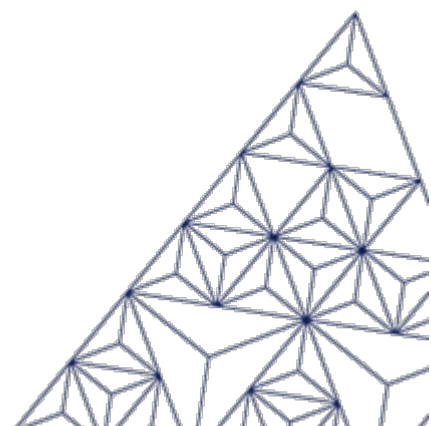
DAY 2 – TUESDAY 9 October

Parallel sessions	FITNESS FOR DUTY	HEALTH SURVEILLANCE
1.30pm	<p>Functional capacity assessment – getting it right</p> <p>Dr Amanda Silcock and Dr Andrea James - Specialist Occupational Physicians</p> <p>This practical and interactive session will provide an opportunity for indepth exploration of functional assessment for fitness for duty.</p> <p>Learning aims:</p> <ul style="list-style-type: none"> • Be able to assess in the clinic an individual's functional capacity for work • Be able to communicate advice/opinion to patient/worker and employer on functional capacity for work • Be able to refer appropriately to another practitioner for additional information on functional work capacity 	<p>Audiometry and the industrial setting – what have we learnt and where are we going?</p> <p>Tim Rayner, Audiologist</p> <p>Learning aims:</p> <ul style="list-style-type: none"> • Understand current legislation within different states. • Understand the importance of consistency of service provision. • Understand quality of service provision. • Understand the importance of a hearing conservation program. <hr/> <p>Spirometry Update</p> <p>Brigitte Borg, Respiratory Function Scientist, Alfred Lung Centre</p> <p>Learning aims:</p> <ul style="list-style-type: none"> • Understand the quality outcomes of the Queensland Coal Mine Worker's Health Scheme review of 2016 • Understand the resultant changes in requirements for those performing spirometry for the assessment of coal mine workers. • Understand the broader applications of the changes.
3.30pm	Afternoon tea	3.15pm Afternoon tea
Parallel sessions	LEGAL	PROFESSIONAL
4.00pm (1 hour)	<p>There but for the grace of God– medico-legal indemnity</p> <p>Dr Tim Stewart, Occupational Physician Anna MacLeod, Head of Medical Defence and Services, Avant</p> <p>Learning aims</p> <ul style="list-style-type: none"> • Be aware of trends in medical indemnity claims relevant to occupational medicine • Consider settings in occupational medical practice at risk for medical indemnity claims and how to avoid such claims. • Know supports available in the event of such claims. 	<p>WORKSHOP – OHN competencies</p> <p>This workshop builds on the successful workshop conducted at the ASM in 2017.</p> <p>Learning Aims:</p> <ul style="list-style-type: none"> • Understand the different roles of OHN's and their practice across a variety of different jurisdictions. • Explore the identification of specialty nursing areas and how AHPRA views these. • Gain knowledge from other nursing specialties and how they have developed National Professional Practice Standards.
5.30 – 7.00pm 7.00pm – 11.30pm	<p>National Sports Museum Tour</p> <p>Conference Dinner – Melbourne Cricket Ground</p> <p>Speaker : CEO WorkSafe Victoria – Clare Amies</p>	

DAY 3

DAY 3 – WEDNESDAY 10 October

8.15am – 9.15am	ANZSOM Annual General Meeting (Light breakfast provided)	
9.30am (1 hour)	<p>Traumatic brain injury – achieving employment after injury</p> <p>Professor Ian Cameron, Clinician Researcher</p> <p><i>Learning aims</i></p> <ul style="list-style-type: none"> • Know the complex interaction of neurological, cognitive and behavioural impairments following head injury • Be able to assess patients with head injury for these impairments regarding their impact on employability • Be aware of recent advances in managing these impairments in relation to employment • Be able to interact with a rehabilitation physician/team regarding employability after head injury 	<p>The Obesity Crisis – How can occupational health professionals influence change</p> <p>Jane Martin, Executive Manager of the Obesity Policy Coalition (OPC) and Alcohol and Obesity Policy at Cancer Council Victoria</p> <p><i>Learning aims</i></p> <ul style="list-style-type: none"> • Understand the obesity crisis in Australia and how it is affecting all areas of society, including the workplace. • Identify strategies that Occupational Health professionals could use to positively influence a change in behavior of workers. • Be aware of how the media influences personal choice and how public policy can make a positive change for a healthier lifestyle.
10.30am (1 hour)	<p>Contributed papers</p> <p>2 papers - 20min each 4 brief reports – 5 minutes each</p>	<p>Contributed papers</p> <p>2 papers - 20min each 4 brief reports – 5 minutes each</p>
11.30am	Morning Tea	
12.00pm	<p>Hugh Denehy Oration</p> <p>Sally Kane, Chair ANZSOM Vic/Tas Branch</p> <p>plus Award for Best paper at end of session</p>	
12.45pm – 1.30pm	<p>Awards Lunch</p> <p>Relax and enjoy a sit-down lunch with your colleagues and join us in recognising contributions to ANZSOM.</p>	



DAY 3 – WEDNESDAY 10 October

PARALLEL SESSIONS (times as shown)

WORKSHOP – Mental Health First Aid (1.30 – 6.00pm)

Facilitator: David Bastian

The Blended [Mental Health First Aid Course](#) is a combination of online (eLearning) and a half day of face-to-face training. The online pre-learning aspect takes approximately 3-4 hours and should be completed before attending the conference but within 3 months of the session. Content will include mental health problems, mental health crises and provision of initial assistance to an adult developing a mental health problem or in a mental health crisis.

The face-to-face workshop will provide an opportunity to apply this knowledge and skills to specific scenarios.

Participants then complete a short online assessment in order to receive a Mental Health First Aider Certificate of Accreditation which is valid for 3 years. Accredited Mental Health First Aiders are eligible to be appointed as Mental Health First Aid Officers in the workplace.



SITE VISITS (1.30 – 4.30pm)

- Cochlear-Melbourne
- Walter and Eliza Hall Institute-Parkville
- Metropolitan Remand Centre-Ravenhall
- Defence, Science & Technology Group

SKILLS UPDATE – CPR (1.30 – 4.30pm)

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- Response to an emergency situation
- Performance of CPR procedures
- Communication of details of the incident
- Defibrillation

6.00pm

Conference Wind-up – Pullman Hotel

PARTNERS PROGRAM

11.00am:

Laneways Tour

5.30pm:

Conference wind up drinks at the Pullman Hotel.



POST CONFERENCE COURSE

Spirometry – Principles and Practice 11 & 12 October

The Lung Health Promotion Centre @ The Alfred and The Alfred Physiology team are pleased to present this extensive 2 day course, following the new Australia and New Zealand Society of Respiratory Science (ANZSRS) and The Thoracic Society of Australia and New Zealand (TSANZ) standard.

This course is for health professionals who care for people with asthma, COPD and other respiratory conditions.

Location: AMREP Education Centre
The Alfred, 89 Commercial Road, Melbourne, Victoria
3004

Cost: \$810 (Includes morning tea, lunch and course material)

[Click here](#) for more information and to register.
Password code: ANZSOM2018