

# Perspectives in Occupational Health



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Annual  
Scientific  
Meeting 2018  
7–10 October  
Melbourne

## ANZSOM ASM 2018

The Australian and New Zealand Society of Occupational Medicine (ANZSOM) extends a warm invitation to their 2018 Annual Scientific Meeting, to be held from Sunday 7 to Wednesday 10 October at the recently refurbished Pullman Melbourne on the Park.

A diverse program will highlight varying perspectives in occupational health including clinical updates, setting-specific issues, legal considerations and more. Workshops will build practical skills and site visits will bring learning to life across a number of fascinating workplaces. The conference will appeal to the wide range of professionals working in workplace health and provide unique networking opportunities.

This year also marks the 50<sup>th</sup> Anniversary of ANZSOM. To celebrate, we will be holding a 50th Anniversary Gala Dinner at the Melbourne Cricket Ground on the Tuesday of the ASM. Join us and help celebrate this wonderful achievement.

Please register for the ASM by completing the form included in this brochure or register online via the ANZSOM website [www.anzsom.org.au](http://www.anzsom.org.au). Benefit from the special rates for ANZSOM members and from early-bird discounts which are available until 31<sup>st</sup> July.

Further information is available on the website [www.anzsom.org.au/annual-scientific-meeting/asm2018](http://www.anzsom.org.au/annual-scientific-meeting/asm2018).



## PROGRAM HIGHLIGHTS



### Keynote address – Professor Tony LaMontagne

This year's keynote address will be presented by Tony LaMontagne, a Professor of Work, Health & Wellbeing at the Centre for Population Health Research in the School of Health & Social Development at Deakin University in Melbourne. He leads a research unit in Work, Health & Wellbeing, and from 2016 also serves as overall Director of the Centre for Population Health Research. His broad research interest is in developing the scientific and public understanding of work as a social determinant of health, and translating this research into policy and practice to improve workplace and worker health.

### Clinical perspectives

The 2018 program addresses a range of contemporary clinical topics of relevance to workplace health professionals. Well known experts have been engaged to explore these issues, with case studies and opportunities for in-depth discussion towards identifying practical solutions for workplaces and workers. Topics include:

- *Silicosis* – an issue reemerging in association with artificial stone
- *Hip and knee surgery* – with a focus on implications for tradespeople and emergency services
- *Head injury* – exploring the impacts and implications for various types of work and the key considerations for assessment and management
- *Obesity* – identifying the risks and potential strategies for workplaces

### Health surveillance and fitness for duty

The bread and butter of workplace health, fitness for duty and health surveillance will feature strongly in this year's program, with updates on audiometry and spirometry as well as a comprehensive session on functional capacity assessment. A workshop on colour vision will also support in-depth understanding of this important issue.

### Workplace risks and solutions

Mental health continues to be a major issue impacting workers and workplaces. This year, an expert panel lead by Professor Andrea DeSilva will focus on strategies and solutions that you can apply in your workplace. The session will draw on recent work in the areas of *occupational violence, bullying and harassment* to present a practical way forward.

Mental health will also be a key feature of a special session on *farmers' health*. Current research will be complemented by practical case studies to highlight the many challenges for those working on the land.

Back by popular demand, the *Mental Health First Aid* course will again be on offer at this year's ASM.

### Medicolegal

Always a much anticipated aspect of the ANZSOM ASM, this year's medicolegal session will focus on medical indemnity claims, including risks, strategies and sources of support.

#### WORKPLACE VISITS

A popular aspect of the ANZSOM conference, site visits provide an insight into the varying nature of work and the issues facing health professionals working in occupational health. Visits include:

- Victoria Police Operational Safety & Tactics Training Centre
- WISE Employment – Programs for people living with a mental illness
- Nestle Confectionery
- Boeing Aerostructures Australia
- Defence, Science & Technology Group
- Cochlear
- Walter and Eliza Hall Institute
- Corrections, Prisons & Parole - Metropolitan Remand Centre

#### CONTRIBUTED PAPERS

Don't miss an opportunity to share research findings, workplace experiences and knowledge on occupational health issues.

All papers submitted will be eligible for the **David Goddard Best Paper Award**. Papers will be allocated to one of two formats: 15 minute oral presentation, and 5 minute "brief reports" format.

Check the ANZSOM website for more information and criteria.

**Closing date for abstracts is 2<sup>nd</sup> July 2018**

Email the Secretariat [secretariat@anzsom.org.au](mailto:secretariat@anzsom.org.au)





## SOCIAL EVENTS:

The social program provides an excellent opportunity to network with colleagues and includes:

- Welcome Reception, Sunday 7 October, and
- ANZSOM 50<sup>th</sup> Anniversary Gala Dinner, (Including National Sports Museum tour), Tuesday 9 October

All social events are included in Full Registration and in the Partner Package. Tickets to the Welcome Reception and the ANZSOM 50<sup>th</sup> Anniversary Gala Dinner and tour may also be purchased separately.

## PARTNER PACKAGE:

Discover Melbourne – 285m above ground, in Yarra Park, learn all about our sporting heritage and immerse yourself in the local culture

- Welcome Reception (Sunday 7 October)
- Welcome to Partners “Golden” Morning Tea: A talk by 2 Australian Gold medalists from the Victorian Institute of Sport (Monday 8 October, morning)
- Pilates in the park (Tuesday 9 October, 7am)
- Eureka Skydeck (Tuesday 9 October, morning)
- ANZSOM 50th Anniversary Gala Dinner, Melbourne Cricket Ground (Tuesday 9 October)
- National Sports Museum tour (Tuesday 9 October, evening)
- Laneways tour (Wednesday 10 October, morning)

## ACCOMMODATION:

Pullman Melbourne On The Park Hotel is in the heart of East Melbourne within the city's main sports and entertainment district. It is directly opposite Melbourne Cricket Ground and enjoys stunning views of Fitzroy Gardens, Rod Laver Arena and Melbourne Park, home of the Australian Open tennis tournament. Pullman Melbourne on the Park is delighted to offer ANZSOM delegates discounted rates. Delegates can contact the hotel directly to make a reservation via phone on +613 9419 2000 or via email at [H9875@accor.com](mailto:H9875@accor.com), quote Block ID: 100967. See the ANZSOM website for more accommodation options ([www.anssom.org.au/accommodation](http://www.anssom.org.au/accommodation))

## TRAVEL:

Thanks to Virgin Australia, discount flights are available through the booking panel on the ANZSOM website ([www.anssom.org.au/travel](http://www.anssom.org.au/travel)). The sale period is 08/08/2018 – midnight 07/10/2018 and the travel period is 03/10/2018 – midnight 17/10/2018.

## REGISTRATION:

Please register by completing the form included in this brochure or online via the ANZSOM website ([www.anssom.org.au/registration](http://www.anssom.org.au/registration)). Benefit from the special rates for ANZSOM members and from early-bird discounts which are available until 31<sup>st</sup> July.

- **Full registration includes:**
  - All technical sessions described in the program
  - Pre-booked attendance at Vision workshop and CPR Update\*
  - Pre-booked attendance at workplace site visits
  - Lunches, morning and afternoon teas
  - Light breakfast at the AGM on Wednesday morning
  - All social events as described above.
- **Day registration** is also available. Day registration does not include social functions – these can be booked separately.
- For **Partner registration**, see above.

**\*NOTE:** The Mental Health First Aid course is an additional cost (refer registration form) and includes: online learning, prescribed text, face-to-face component, and Mental Health First Aider Certificate of Accreditation.



# PROGRAM AT A GLANCE

## PERSPECTIVES IN OCCUPATIONAL HEALTH

Pullman Melbourne on the Park, 192 Wellington Parade, Melbourne VIC 3002



SUN 7 OCT	MON 8 OCT	TUES 9 OCT	WED 10 OCT
	<p><b>Welcome Address</b> <i>Prof Tony LaMontagne</i></p>	<p><b>Work Settings</b> Farmer health – Living longer on the land <i>Susan Brumby, Dr Cathy Bones, Dr Iain Nicholson</i></p>	<p>Annual General Meeting</p>
	<p><b>Clinical Perspectives</b> Silicosis: new lessons from an old disease <i>Dr Ryan Hoy</i></p> <p>Advances in hip and knee surgery: implications for tradespeople and emergency service workers <i>Mr Dirk Van Bavel</i></p>	<p><b>Workplace Risks</b> Strategies and solutions for bullying, harassment &amp; occupational violence <i>Panel moderated by Prof Andrea De Silva</i></p>	<p>Parallel Sessions <b>Clinical Perspectives</b> Head injury and employment <i>Prof Ian Cameron</i></p> <p><b>Contemporary Issues</b> Obesity and the workplace <i>Jane Martin</i></p>
	<p>Parallel Sessions <b>Workplace Site Visits</b> Choice of five site visits to workplaces around Melbourne</p> <p><b>Workshop</b> Colour vision deficiency as it applies to occupations <i>Dr John Parkes</i></p> <p><b>CPR update</b></p>	<p>Parallel Sessions <b>Fitness for Duty</b> Functional capacity assessment for work <i>Dr Amanda Sillcock &amp; Dr Andrea James</i></p> <p><b>Health Surveillance</b> Audiometry update <i>Tim Rayner</i> &amp; Spirometry update <i>Brigitte Borg</i></p>	<p><b>Contributed Papers</b></p> <p>Hugh Denehy Oration</p>
		<p>Parallel Sessions <b>Medico legal</b> There but for the grace of God: medico-legal indemnity <i>Dr Tim Stewart &amp; Anna MacLeod</i></p> <p><b>Professional</b> Occupational Health Nurse competencies and certification</p>	<p><b>Awards Lunch</b></p> <p>Parallel Sessions <b>Workplace Site Visits</b> Choice of four site visits to workplaces around Melbourne</p> <p><b>Workshop</b> Mental Health First Aid</p> <p><b>CPR update</b></p>
General Council Meeting			
Welcome Reception Pullman Hotel	10 <sup>th</sup> Anniversary Nurses Dinner	50 <sup>th</sup> Anniversary Gala Dinner Melbourne Cricket Ground <i>Speaker - Clare Amies, CEO Worksafe Victoria</i>	Conference wind-up

For the full program, visit the website: [www.anssom.org.au/program](http://www.anssom.org.au/program)

